



THE BRIDGE TRAINING INSTITUTE

Treatments That Work

www.thebridgetraininginstitute.org

Lunch service is not available at the hotel.
You are welcome to bring your own lunch or eat at one the many
restaurants that are very nearby.

Route 20 West **Post Road Plaza**

Boston Market
Panera Bread (Will Deliver)
5 Guys
Longhorn Steakhouse
Papa Gino's
Starbucks
McDonalds
China Taste
Tandoori Indian Cuisine

Route 20 East **Apex Centre**

110 Grill
Evita Cucina
Friendly's
Hot Table Panini
Qdoba
Protein House
Starbucks
Chick-Fil-a

Directions:

Return to Route 20 West.

The Post Road Plaza will be on your right.

The Apex Centre is directly across the street.

Delivery from Panera Bread: Go to panerabread.com. Select Order Online. Select Delivery. Delivery address is 75 Felton Street, Marlborough MA. Select Business. Enter Company Name: Courtyard Marriott. Enter your phone number. Delivery Instructions: Enter your name and Marlborough Ballroom. Delivery Time: 12:00 Proceed to ordering.

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